

# The REGENCY RECORD

Newsletter of the Regency Estates Citizens Association

Fall/Winter 2018

## President's Message

Welcome to the Regency Record's new look!

The Regency Record's format hasn't been updated for a long time and we thought it was time for a design refresh. Many thanks to Vice President, Rick Chen, for the new design and to Board member, Mitangi Mehta, for pulling this issue together. I hope you like the new format!

If you've been down Postoak Road between Victory Lane and Tuckerman Lane recently, you may have noticed a sign outside St. Andrew's Episcopal School highlighting a proposed new building to house their Preschool through Grade 5. Board member Bill Wydro and I recently met with Head of School, Robert Kosasky and Joe Phelan, Director of Operations to discuss this proposed new building. As a result of our meeting, we agreed to publish a

letter (included in this issue) from Robert to the community with background to the project and the intended move of Preschool through Grade 2 to the Postoak campus from its current location in Potomac. Our principal concerns were increased traffic on Postoak Road and the impact to the community, particularly during the construction phase. Both were addressed during our conversation and in the letter. We will continue to monitor the situation.

I would like to take this opportunity on behalf of the Board and myself to wish you a safe and enjoyable holiday season and a happy and healthy 2019.

Regards,

David Freeman

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## AROUND THE NEIGHBORHOOD

### RECA and Tri Community Yard Sale - June 2, 3

Yard Sale entrepreneurs from Regency Estates teamed-up with residents of Montgomery Square and Potomac Woods for the first tri-neighborhood yard sale over the weekend of June 2 and 3.

A total of 50 homes in the three communities took part in the yard sales and 16 participating homes were from Regency Estates.

Both RECA and Montgomery Square provided maps listing each of the locations where yard sales were held. Banners and lawn signs advertised the event, along with announcements on local web sites. Sellers benefited from exceptionally fine weather during the weekend.



### New Principal At Winston Churchill HS

Community Letter from Principal Heckert:

<http://www.montgomeryschoolsmd.org/uploadedFiles/schools/churchillhs/news/community%20letter.pdf>

### Street Number Painting



The painting of house curb numbers has been completed over the summer by the Eagle Scout volunteer.

A reminder - RECA did not charge for this service, unlike commercial businesses who now seem to charge up to \$20 and are actively soliciting business in the neighborhood. Of course, donations to RECA are always welcome!



*A contingent from the RECA Board : David King was working and others were "supervising."*

### RECA Community Picnic - Sunday, May 20th

The RECA Community Picnic was held at the Regency Estates Swim Club on Sunday, May 20, starting at 11:00am which was the rain date. Fortunately the weather cooperated on Sunday and the turnout was great. Everybody enjoyed free food (hot dogs, hamburgers, chips etc.) and kids enjoyed the moon bounce. The picnic was followed by the Swim Club open house.

### Parking Permit: From Montgomery County-Department of Transportation

Dear Resident,

We have good news on the visitor permits for the Residential Permit Parking program. Beginning November 19, 2018, Residents in the permit parking program will have the option to purchase up to (2) Visitor Permits per household. The Department of Transportation Division of Parking Management submitted a request to change the current executive regulation from allowing just one visitor permit to two per household. It was approved, and we are now preparing to institute the second visitor permit. This will allow you to accommodate parking for up to 2 visitors at one time.

The process to purchase the second permit will go as follows:

<https://www.montgomerycountymd.gov/DOT-Parking/Resources/Files/Second%20Visitor%20Permit%20Letter.pdf>



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## Open House Dates

**Fri., November 16, 9-11am**

**Sat., November 17, 9-11am**



*Inspiring minds to learn, hearts to love and hands to serve.*



## St. Andrews Update: Letter from the Head of School

*The following is a letter from the St. Andrew's Head of School, Robert Kosasky, to the community with background of the building expansion project and the intended move of Preschool through Grade 2 to the Postoak campus from its current location in Potomac.*

Dear RECA Neighbors,

I'm pleased to write to you today to share information about our Lower School building project, which will commence soon.

As you may know, St. Andrew's Lower School division (preschool-grade 2, current enrolling 82 students) has been housed on the grounds of St. Francis Episcopal Church in Potomac Village since 2008. The school's current Village Campus lease ends at the end of the current school year, and after careful thought the St. Andrew's Board of Trustees decided last spring to create a new Lower School on the Postoak Campus beginning in the 2019/2020 school year. Becoming a one-school campus will deepen St. Andrew's already strong sense of community among our families and faculty and allow the school to provide our youngest learners with first rate facilities. Moving our Lower School to the Postoak Campus will also deepen our Lower School faculty's connection to St. Andrew's Center for Transformative Teaching and Learning, which fosters innovative, research informed education at St. Andrew's and trains thousands of public and private school teachers in our region and around the globe.

To accommodate our youngest grades, the current Intermediate School building, which currently houses grades 3-5 on the Harker Drive side of the Postoak Campus, will be fully renovated and expanded. The new building will house pre-school grade 5, uniting our current Lower School and Intermediate School divisions into a single Lower School division. The new building will have two stories above ground-level, extending from the site of the current Intermediate School building toward the interior of campus, as well as a lower level that will open on to new outdoor learning and play spaces next to Hope Field (see the architectural renderings below).

Beginning in late November, St. Andrew's will follow a streamlined construction process designed to minimize the Lower School project's impact on the daily life of our students and neighbors while ensuring the building's completion by September 2019. The active construction phase for the building should last 8 to 9 months, approximately half as long as the construction of the Student Center in 2015-16. While some construction vehicles will access the work site via the school's back entrance on Harker Drive, that entrance will be closed to other vehicular and pedestrian traffic for safety purposes during most of the

construction process. During construction our current Intermediate School students will be housed in our main academic building.

St. Andrew's is also carefully planning how to accommodate our current Lower School students and employees on the Postoak Campus beginning in the 2019-20 school year. In addition to making sure that the building project is completed by September 2019, we are focused on maintaining smooth traffic flow and parking. Our Middle and Upper School students already begin their school day later than their peers at Hoover and Churchill, in part to mitigate neighborhood traffic. Next year our Lower School students will start and end their school day later than our Middle and Upper School students, helping to keep traffic moving smoothly on and off our campus at peak times. We also expect the percentage of students who travel to school by shuttle bus to continue increasing next year. To ensure sufficient parking for our staff and visitors next year, we have secured offsite parking at a nearby location to accommodate the additional employees who will work on Postoak next year. Because our Lower School students do not participate in interscholastic athletics, our campus consolidation should not noticeably increase the intensity of campus use outside of regular school hours.

I hope this information is helpful to you, and that you enjoy the image of our new Lower School included below. The school plans to reach out to our neighbors again in the winter with an update on construction progress, and you may contact our Director of Operations Joseph Phelan ( [jphelan@saes.org](mailto:jphelan@saes.org) ) in the meantime if you have questions about the project. I look forward to inviting you to see this beautiful new space after it opens next fall.

Sincerely,



Robert Kosasky  
Head of School



*Artist's rendering of St. Andrew's newly-expanded Intermediate School building.*

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## AROUND THE COUNTY AND STATE

### New Maryland Laws starting July 1

A number of laws passed in Maryland's General Assembly session took effect on July 1, among them, one that requires annual training for school staff on identifying child sexual abuse, while another phases in the final increment of the state's minimum wage, bringing it to \$10.10 statewide.

In Montgomery County, the minimum wage increased to \$12.25 for employers with 51 or more employees, and \$12 an hour for those with 50 or fewer employees. In 2017, Montgomery County's minimum wage had already been increased to \$11.50 an hour.

Election-related legislation was enacted in Annapolis: Google and social media sites such as Facebook will have to track political ads and document which users are being targeted under one of the laws taking effect July 1. The intent of the law is to flag foreign interference in political activities, and to shed light on how social media is being used by political campaigns and advocacy groups.

The Baltimore Sun reported that as a result of the legislation, Google won't accept state or local election ads in Maryland, saying it could not be sure that it could comply with the law's regulations until it sees how the law will be interpreted

Another law gives teachers who pay out of pocket for classroom supplies a break, allowing them to deduct up to \$250 on their taxes. To be eligible for a deduction, the supplies have to be used by students in the classroom or be used as part of preparation for instruction.

Kids can get more protection from the sun while at school: A law passed in Annapolis allows children to bring their own sunscreen to school, something that had been prohibited before. Maryland Gov. Larry Hogan, who was diagnosed with a treatable form of skin cancer, supported the change, saying the past practice of demanding doctor's notes for kids to use sunscreen at school was "just crazy."

And hunters could have more options than safety orange when they venture outdoors: Under legislation passed in the General Assembly, "daylight fluorescent pink" will be an approved color for hunting outerwear. The Department of Natural Resources will adopt regulations defining what constitutes "daylight fluorescent pink." The change in the law is the result of the efforts of two girls from the Eastern Shore who wanted to be able to wear the pink hunting gear their family purchased, only to find out that it wouldn't pass muster with state regulations on safety gear for hunters.

<https://wtop.com/maryland/2018/06/from-pink-hunting-gear-to-boosting-cyber-security-new-md-laws-take-effect/>

### Storm "Watch" vs. "Warning"

"When thunder roars, go indoors!" The Atlantic Hurricane and Summer Storm season began on June 1 and will run through November.

Do you know the difference between a Severe Thunderstorm "Watch" and a "Warning?" The County's Office of Emergency Management and Homeland Security has provided important [safety tips and information](#) to help keep you and your family safer during the summer storm season. Take some time to review and prepare before the storm.

Most important, make sure that you are signed up to receive the emergency warnings from the County's [Alert Montgomery](#) system.

### The Watch/Warning Advisory system from the NWS:

- A Severe Thunderstorm "Watch" is issued when a severe thunderstorm is possible in and near the watch area. Severe thunderstorms are defined as winds of 58 mph or higher and/or hail one inch in diameter or larger. When a "watch" is issued, residents should keep informed of the situation and think about the actions that would be necessary to take if the conditions worsened.
- A Severe Thunderstorm "Warning" is issued when a severe thunderstorm is occurring or imminent in the warning area. A warning is a call for residents to take action and protect themselves.

<https://montgomerycomd.blogspot.com/2018/06/the-atlantic-hurricane-and-summer-storm.html>

### Residential Parking Permit (RPP)

The **RESIDENTIAL PARKING PERMIT** program has been in effect for over 40 years. It was initiated in an effort to provide relief for residents whose neighborhoods are impacted by certain public facilities, land uses and adjacent commercial districts. This program was enacted into law in Section 31-48 of the [County Code](#). Outside of central business district areas only single-family dwelling units are eligible to participate in the program. For those eligible multi-family dwelling units impacted, residential permit parking can be considered.

[Click here](#) to learn more about digital permits.

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Potomac Chinese School (PCS), established in 1976, is a non-political and non-profit organization. PCS supports community events that endorse ethnic diversity. The school is managed by board of directors who are elected from volunteer parents. Potomac Chinese School has been devoted to introducing Chinese language, art and culture to the local community. Our mission is to work with the local community to inspire and embrace knowledge of Chinese heritage. PCS is in session on Sunday afternoon at Herbert Hoover Middle School, Potomac, MD.

- Chinese cultural classes and academic classes for Chinese and non-Chinese speaking families from Pre-k to 12<sup>th</sup> grade. Classes are taught by highly-qualified, native speaking teachers
- Chinese cultural classes for children and adults including Chinese martial art, Tai Chji, Chinese calligraphy and painting, crafting, Chinese dancing, Zumba, Belle Dancing
- PCS also offer sports classes including badminton, tennis and basketball
- We offer various opportunities for middle school and high school students to earn student service learning (SSL) credits
- High school students could earn foreign language credits toward their high school diploma at PCS

# Ride Smart

By Bill Wydro - RECA Board Member

*Do you know about these Metro features? If you have your own tips/advice on Metro, please let us know.*

There is a county workshop called **RIDE SMART: Free public transit travel training for ages 50 plus**<sup>1</sup>. It's a presentation on Metro rail and buses and how to plan trips to your destination. My purpose was to see if I would recommend this to seniors in our community. I was surprised to learn that in addition to the basics of public transportation, there were many interesting and useful 'factoids' in the presentation.

After taking the workshop, I would say there are 3 (over age 50) populations who would find this workshop worthwhile:

1) those moving here from other locations, 2) those who have relied on driving and now find themselves no longer able to do so, and 3) those who want to expand their options and choose alternatives to driving (e.g. into DC, or to BWI airport)

Here's a list of these 'factoids' that I found worthy of note, mostly about Metro-Rail (if you have Metro factoids or tips, please share them with us):

## Two major take-aways:

All stations have restrooms that you may request to use.

All Metro stations are not equal in parking fees, parking regulations, and fare machines.

## BUSES

Seniors (65+) ride buses free between 9 am and 3 pm weekdays. You do not even need a Smart Trip card to ride – you may show some form of photo ID (e.g. driver's license)

All Metro buses now are able to "kneel" (lower the entry closer to street level) and have ramps or lifts.

Individual bus route maps are available at Metro rail stations only for buses that stop at that station. All individual bus route maps are available as PDF files on the WMATA site.

Buses have bike carriers on the front that can hold up to 2 bikes. They operate in an easy, but unique way, so first time bike travelers are wise to learn them beforehand.

The printed "whole system" bus maps for the county and for DC contain a lot of small print information that can be daunting at first, but once familiar with it, can be very useful for trip planning<sup>3</sup>. Accessible online at:

<https://www.wmata.com/schedules/maps/index.cfm>



## FARE CARDS, FARE MACHINES, TRIP PLANNING:

If you are 65+, you may obtain a Senior Smart Trip (SST) card at any Mont. Co. library.

The fare discount for an SST is ½ half the fare of the peak rush hour fare price, even if you are riding at a non-peak time. There is no SST discount for Metro parking lots.

If you register your Smart Trip (ST) card online, and if it is lost or stolen, you can receive a replacement with whatever balance was on the card.

You can add money to your Smart Trip card online, however, it may take 24 hours to register, so you can't count on it being available to use the same day. (Adding money to your card at a fare card machine is instant.)

Besides adding money to your card online, you can choose "auto-add" to maintain your card at a pre-determined amount. The maximum amount a card can hold is \$300.

Not all fare machines are equal. Some can issue cards, and others just add money to your existing card. The "exit fare" machines tell you how much money your card needs to exit, and only allows you to add enough to cover your current trip cost.

Fare card machines give a max of \$10 in change – in Susan B Anthony \$1 coins, and/or quarters.

Besides the "add fare" machines, at GIANT's customer service you may pay cash and they will add it to your card.

There is a chip imbedded in your card containing trip information, which is hidden in the upper right corner of the card.

'Tourist' ST cards are available that give unlimited rides for 1 day(\$14.75), 2 days, or 1 week (unlimited \$60, short trips \$38.50). These passes may also be added to existing ST cards.

If you use your card to enter a station, the minimum fee is \$1.50, even if you change your mind and leave without riding.<sup>2</sup>

Some exit fare machines (e.g. Forest Glen) accept cash only. If you need to use a credit card, the station master will escort you to machines on the other side of the gate.

If Metro is more than 15 minutes late during rush hour, your ST card will automatically be issued a ride credit.



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## Ride Smart—Continued

By Bill Wydro - RECA Board Member

### TRIP PLANNING

The WMATA site has a “trip planner” that allows you to choose bus only, rail only, or both, to your destination, and the time it will take.

The trip planner shows a map with the streets around stations. Printed Metro maps showing this are no longer available.

If you are using a combination of bus/rail to your destination, the trip planner will indicate which bus bay number to go to. The 7000 trains are the most current. Inside they have a digital display of the upcoming stations, indicate which side of the car the doors will open, and have a speaker system which allows you to actually hear the announcements being made.

The trip planner also includes 4 Circulator bus lines. These are flat fee \$1 fare buses that loop around different sections of DC. They connect areas that in the past have been difficult to negotiate on public transportation. For instance, getting from downtown DC to Georgetown.

### PARKING

Not all Metro parking lots charge the same fee. Most are about \$5 per day.

Current parking rate brochure: <https://www.wmata.com/about/news/upload/Feb2018-parking-changes-brochure.pdf>

Not all parking lots accept credit cards

Some parking lots have a credit card surcharge if you don't use your Smart Trip card to pay. This was expanded last February to discourage non-Metro riders from using Metro parking lots. For instance, at the Rockville, Twinbrook and White Flint stations, the fee is \$5.20 if you pay with your ST card, but almost \$9 if you use a credit card. The parking fee is at Grosvenor is the same \$5.20 for either the ST card or credit card.

Parking on Saturdays is \$2 at all lots. Before last February it was free. Sundays are still free.

3 parking lots have some overnight parking spaces (Greenbelt and 2 Virginia lots)

If you happen to return to the Grosvenor station when a Strathmore event is ending, the parking fee is waived.

Some Kiss and Ride areas have a parking meter section. The red-capped meters allow longer parking times than the others.

Metro offers reserved parking at 35 rail stations. The monthly reserved parking fee is \$45-\$65 and is paid in addition to the regular daily parking rate. Reserved parking spaces for permit holders are available until 10 am. After that time, all unused spaces are available for general use.

More info: <https://www.wmata.com/service/parking/reserved.cfm>

### MISCELLANEOUS RAIL

If you are waiting on a train station platform and for any reason end up on the train tracks, there is a cavity underneath the platform designed for taking cover.

The Metro street level station brown “pylons” have colored bands at the top to indicate which train lines it serves.

There is information on station pylons in Braille and raised alphabet.

Each Metro car has 3 sets of doors – at the ends and in the middle. Bikes can be brought onto Metro trains at either end, but may not use the center door.

The Wheaton station has the longest escalator in the system.

There are only 2 officially recognized “service” animals allowed on Metro rail. One is a dog, and the other is a pony. Yes, pony! I watched a Metro-rail tutorial video explaining that, and showing a pony on a train. (I mentioned the dog and pony to someone who said that in practice that is not true – that it has become an issue for Metro of people claiming their \_pets\_ are a service animal (in order to travel with them), and that Metro officials are not allowed to question a person's claim.

You can see in real time where every train in the system is at: <https://gis.wmata.com/metrotrain/index.html>

### MISCELLANEOUS BUS

Buses that display “OUT OF SERVICE” do so for one of 3 reasons:

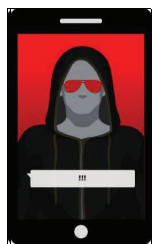
- 1) It is a reserve bus that can be put into operation on any route and is on the way there or back
- 2) The bus operator has exceeded the number of hours he is allowed to drive on a shift
- 3) The bus is replacing a broken down bus, and on the way to that location

All new buses have security cameras on the inside and outside.



# ALL THINGS INTERNET

By Mitangi Mehta RECA Board Member



## Phone Call Attacks and Scams

When you think of cyber criminals, you probably think of an evil mastermind sitting behind a computer launching sophisticated attacks over the Internet. While many of today's cyber criminals do use technologies like email or instant messaging, bad guys are also using the phone to trick their victims. There are two big advantages to using a phone. First, unlike email, there are fewer security technologies that monitor phone calls and can detect and stop an attack. Second, it is much easier for bad guys to convey emotion over the phone, which makes it more likely they can trick their victims. Let's learn how to spot and stop these attacks.

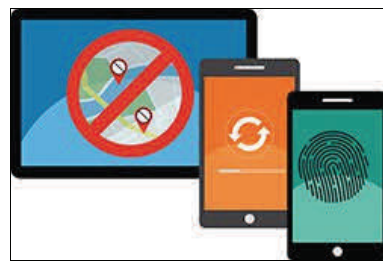
<https://www.sans.org/security-awareness-training/resources/phone-call-attacks-scams>



## Stop That Phish

Email and messaging services (such as Skype, Twitter, or Snapchat) are one of the primary ways we communicate. We not only use these technologies every day for work, but also to stay in touch with friends and family. Since so many people around the world depend on these technologies, they have become one of the primary attack methods used by cyber attackers. This attack method is called phishing. Learn what phishing is and how you can spot and stop these attacks, regardless if you are at work or at home.

<https://www.sans.org/security-awareness-training/resources/stop-phish>



## Securing Your Mobile Device

Your mobile devices are an amazing and easy way to communicate with friends, shop or bank online, watch movies, play games, and perform a myriad of other activities. Since your devices are such an important part of your life, here are some simple steps to keep you and your devices safe and secure.

<https://www.sans.org/security-awareness-training/ouch-newsletter/2018/securing-your-mobile-devices>

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